

HIGH SCHOOL SUBSTANCE ABUSE INTEGRATED INSTRUCTION OVERVIEW

Every classroom provides an abundance of opportunities to embed substance abuse education topics into our instruction. Our community has asked us to make connections with students about the impact of substance abuse on their lives. Consider addressing some of these topics throughout the school year in the context of your classes.

1. High School Topics - across all grades 9-12
 - a. Relationships: Family & friends
 - b. Choices: decisions we make can have long lasting impact positive and negative
 - c. Risk factors: biological predisposition, family history, mental health, self image, environment, social factors
 - d. Protective factors: Family, resiliency, education, community involvement, self esteem
 - e. Social Factors: bullying, peer pressure, social media, advertisements
 - f. Addiction/habits - what is the difference? what is the relationship or is there a continuum?
 - g. Social media /propaganda/advertising

2. Themes Based on Subject
 - a. Science
 - i. Biology of addiction
 - ii. Brain development and impact
 - iii. Heredity/genes
 - iv. Impact on body
 - v. Chemistry of drugs
 - vi. Legitimate drugs marketing
 - vii. Birth defects
 - b. Language Arts
 - i. Peer pressure
 - ii. Relationships
 - iii. Self esteem/ self image
 - iv. Addictive Behavior - Impact on writing/ work/ life/ productivity
 - c. Social Studies
 - i. Civics & Government
 1. War on Drugs
 2. Legislation - State/Federal/Local
 3. Civil Liberties
 - a. Drug Testing- Cases
 4. Legalization of Marijuana
 5. Rico Laws

- 6. Foreign Policy Issues
 - 7. Surgeon General - Cigarettes
 - 8. Current Events
 - ii. World History
 - 1. Use of drugs in Ancient Civilization
 - 2. Latin America - Cocaine
 - 3. Fertile Crescent
 - 4. Asia
 - a. China: New Imperialism
 - i. History of Opium Wars
 - ii. How conflicts affect relations w/ China
 - b. Drug production
 - iii. US History
 - 1. Prohibition: 1920's "Virginia Slims"
 - 2. Impact of the 1960's and 1970's
 - a. Songs with drug connotations
 - b. Influence of music on drug use and abuse
 - iv. Psychology
 - 1. Developmental
 - 2. Biology of the mind
 - 3. Social Psychology
 - 4. Mental health connection to substance abuse
- d. Math
 - i. Real data analysis
 - 1. Statistics
 - 2. Reports
 - ii. Graphing
 - 1. Analyze and make inferences about drugs in Manchester to other states
 - 2. Statistics
 - iii. Word problems
- b. Unified Arts
 - i. Research Project
 - ii. Mental/physical health connection to drug abuse
 - iii. Coping strategies
 - iv. Risk/protective factors
 - v. Student resources